

# RJ's Strawberry White Choc single log 40g

NUTRITION INFORMATION					
Servings per Package: 1					
Serving size: Approx. 1 piece (40g)					
	Ave Quantity		% Daily Intake*	Ave Quantity	
	per Serving		(per Serving)	per 100g	
Energy	644	kJ	7%	Energy	644
	154	Kcal			154
Protein	1.3	g	3%	Protein	1.3
Carbohydrate	28.7	g	9%	Carbohydrate	28.7
- sugars	14.6	g	16%	- sugars	14.6
Fat, total	3.5	g	5%	Fat, total	3.5
- saturated	3.1	g	13%	- saturated	3.1
Dietary Fibre	0.7	g		Dietary Fibre	0.7
Sodium	0.048	g		Sodium	0.048
	48	mg	2%		48

\*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE						
ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
644 kJ	1.3 g	3.5 g	3.1 g	28.7 g	14.6 g	48 mg
7%	3%	5%	13%	9%	16%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

**Ingredients: Strawberry Log:** wheat flour, cane sugar, glucose syrup, water, humectant (E)422, rice bran oil, flavour, acidity regulators (E)330, (E)296, salt, **liquorice extract**, colour (E)129

**Centre Filling:** cane sugar, palm kernel oil, **why powder**, **skimmed milk powder**, emulsifier (**soy lecithin**), vanillin (vanilla)

**19% milk solids**

**Contains: Gluten, Soy, Liquorice, Dairy Products**



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil