

RJ's Natural Licorice Soft Eating 200g

NUTRITION INFORMATION

Servings per Package: Approx. 5
Serving size: 5 pieces (40g)

	Ave Quantity per Serving		% Daily Intake* (per Serving)	Ave Quantity per 100g	
Energy	572	kJ	7%	1430	kJ
	136	Kcal		341	Kcal
Protein	1.28	g	3%	3.2	g
Carbohydrate	30.7	g	10%	76.8	g
- sugars	14.8	g	16%	36.9	g
Fat, total	Less than 1	g	1%	1.5	g
- saturated	Less than 1	g	1%	Less than 1	g
Dietary Fibre	Less than 1	g		1.4	g
Sodium	0.048	g		0.120	g
	48	mg	2%	120	mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE

ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
572 kJ	1.28 g	< 1 g	< 1 g	30.7g	14.8 g	48 mg
7%	3%	1%	1%	10%	16%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

Ingredients: wheat flour, cane sugar, molasses, glucose syrup, water, **licorice extract**, treacle, humectant (E422), rice bran oil, salt, flavour (aniseed oil)

Contains: Gluten, Licorice Extract



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil