

RJ's Licorice Choc triple log 120g

| NUTRITION INFORMATION | | | | | | |
|-------------------------------------|-----------------------------|------|----------------------------------|-------|--------------------------|------|
| Servings per Package: 3 | | | | | | |
| Serving size: Approx. 1 piece (40g) | | | | | | |
| | Ave Quantity per Serving | | % Daily Intake* (per Serving) | | Ave Quantity per 100g | |
| Energy | 632 | kJ | 7% | 1580 | kJ | kJ |
| | 151 | Kcal | | 377 | Kcal | Kcal |
| Protein | 1.3 | g | 3% | 3.3 | g | g |
| Carbohydrate | 29.3 | g | 9% | 73.3 | g | g |
| - sugars | 15.8 | g | 18% | 39.5 | g | g |
| Fat, total | 2.8 | g | 4% | 7.1 | g | g |
| - saturated | 2.5 | g | 10% | 6.2 | g | g |
| Dietary Fibre | 0.6 | g | | 1.6 | g | g |
| Sodium | 0.040 | g | 2% | 0.100 | g | g |
| | 40 | mg | | 100 | mg | mg |

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

| % DAILY INTAKE (%DI) PER SERVE | | | | | | |
|--------------------------------|---------|-------|---------|--------|--------|--------|
| ENERGY | PROTEIN | FAT | SAT FAT | CARBS | SUGARS | SODIUM |
| 632 kJ | 1.3 g | 2.8 g | 2.5 g | 29.3 g | 15.8 g | 40 mg |
| 7% | 3% | 4% | 10 % | 9% | 18% | 2% |

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

Ingredients: Raspberry Log: wheat flour, cane sugar, glucose syrup, water, humectant (E)422, rice bran oil, flavour, acidity regulators (E)330, (E)296, salt, **liquorice extract**, colour (E)129

Centre Filling: cane sugar, palm kernel oil, **why powder**, **skimmed milk powder**, cocoa powder, emulsifier (**soy lecithin** & (E) 476), vanillin (vanilla), 4% cocoa solids, **23% milk solids**

Contains: Gluten, Soy, Liquorice Extract, Dairy Products



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil