

RJ's Licorice Choc triple log 120g

NUTRITION INFORMATION						
Servings per Package: 3						
Serving size: Approx. 1 piece (40g)						
	Ave Quantity per Serving		% Daily Intake* (per Serving)		Ave Quantity per 100g	
Energy	640	kJ	7%	Energy	640	kJ
	153	Kcal			153	Kcal
Protein	1.5	g	3%	Protein	1.5	g
Carbohydrate	28.1	g	9%	Carbohydrate	28.1	g
- sugars	20.0	g	22%	- sugars	20.0	g
Fat, total	3.3	g	5%	Fat, total	3.3	g
- saturated	2.9	g	12%	- saturated	2.9	g
Dietary Fibre	0.6	g		Dietary Fibre	0.6	g
Sodium	0.044	g	2%	Sodium	0.044	g
	44	mg			44	mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE						
ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
640kJ	1.5g	3.3g	2.9 g	28.1g	20.0 g	44 mg
7%	3%	5%	12%	9%	22%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

Ingredients: Licorice Log: wheat flour, cane sugar, molasses, glucose syrup, water, liquorice extract, treacle, humectant (E)422, rice bran oil, salt, flavour (aniseed oil)

Centre Filling: cane sugar, vegetable fat (palm kernel oil), whey powder, skimmed milk powder, cocoa powder, emulsifier (soy lecithin & (E) 476), vanillin (vanilla), 4% cocoa solids, 24% milk solids

Contains: Gluten, Soy, Liquorice, Dairy Products



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil