

RJ's Licorice Choc single log 40g

NUTRITION INFORMATION					
Servings per Package: 1					
Serving size: Approx. 1 piece (40g)					
	Ave Quantity per Serving		% Daily Intake* (per Serving)	Ave Quantity per 100g	
Energy	640	kJ	7%	Energy	640
	153	Kcal			153
Protein	1.5	g	3%	Protein	1.5
Carbohydrate	28.5	g	9%	Carbohydrate	28.5
- sugars	20.0	g	22%	- sugars	20.0
Fat, total	3.3	g	5%	Fat, total	3.3
- saturated	3	g	13%	- saturated	3
Dietary Fibre	0.6	g		Dietary Fibre	0.6
Sodium	0.044	g	2%	Sodium	0.044
	44	mg			44

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE						
ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
640kJ	1.5g	3.3g	3 g	28.5g	20.0 g	44 mg
7%	3%	5%	13%	9%	22%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

Ingredients: Licorice Log: wheat flour, cane sugar, molasses, glucose syrup, water, liquorice extract, treacle, humectant (E422), rice bran oil, salt, flavour (aniseed oil)

Centre Filling: cane sugar, palm kernel oil, **why powder, skimmed milk powder, cocoa powder, emulsifier (**soy lecithin & (E) 476**), vanillin (vanilla), 4% cocoa solids, 23% milk solids**

Contains: Gluten, Soy, Liquorice, Dairy Products



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil