

RJ's Natural Licorice Raspberry Soft Eating 300g

NUTRITION INFORMATION

Servings per Package: Approx. 7
Serving size: 6 pieces (40g)

	Ave Quantity per Serving		% Daily Intake* (per Serving)	Ave Quantity per 100g	
Energy	568	kJ	7%	1420	kJ
	136	Kcal		340	Kcal
Protein	1.2	g	2%	3	g
Carbohydrate	30.6	g	10%	76.4	g
- sugars	15.1	g	17%	37.7	g
Fat, total	Less than 1	g	1%	1.7	g
- saturated	Less than 1	g	1%	Less than 1	g
Dietary Fibre	Less than 1	g		1.2	g
Sodium	0.044	g		0.110	g
	44	mg	2%	110	mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE

ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
568 kJ	1.2 g	< 1 g	< 1 g	30.6 g	15.1 g	44 mg
7%	2%	1%	1%	10%	17%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

Ingredients: wheat flour, cane sugar, glucose syrup, water, humectant (E422), rice bran oil, natural raspberry flavour, food acidity regulators (E330 & E296), salt, natural colour, **liquorice extract**

Contains: Gluten, Liquorice Extract



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil