

RJ's Natural Licorice single log 40g

NUTRITION INFORMATION					
Servings per Package: 1					
Serving size: Approx. 1 piece (40g)					
	Ave Quantity		% Daily Intake*	Ave Quantity	
	per Serving		(per Serving)	per 100g	
Energy	572	kJ	7%	Energy	572
	136	Kcal			136
Protein	1.28	g	3%	Protein	1.28
Carbohydrate	30.7	g	10%	Carbohydrate	30.7
- sugars	14.8	g	16%	- sugars	14.8
Fat, total	0.6	g	1%	Fat, total	0.6
- saturated	0.16	g	1%	- saturated	0.16
Dietary Fibre	0.6	g		Dietary Fibre	0.6
Sodium	0.048	g		Sodium	0.048
	48	mg	2%		48

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE						
ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
572 kJ	1.28 g	1 g	1 g	30.7g	14.8 g	48 mg
7%	3%	1%	1%	10%	16%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

Ingredients: Licorice Log: wheat flour, cane sugar, molasses, glucose syrup, water, liquorice extract, treacle, humectant (E422), rice bran oil, salt, flavour (aniseed oil)

Contains: Gluten, Liquorice Extract



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil