

# RJ's Licorice Raspberry Choc Twist 280g

NUTRITION INFORMATION					
Servings per Package: Approx. 7					
Serving size: 6 pieces (40g)					
	Ave Quantity per Serving		% Daily Intake* (per Serving)	Ave Quantity per 100g	
Energy	632	kJ	7%	1580	kJ
	151	Kcal		377	Kcal
Protein	1.3	g	3%	3.3	g
Carbohydrate	29.3	g	9%	73.3	g
- sugars	15.8	g	18%	39.5	g
Fat, total	2.8	g	4%	7.1	g
- saturated	2.5	g	10%	6.2	g
Dietary Fibre	0.6	g		1.6	g
Sodium	0.04	g		0.1	g
	40	mg	2%	100	mg

\*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE						
ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
632kJ	1.3g	2.8g	2.5g	29.3g	15.8g	40mg
7%	3%	4%	10%	9%	18%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

## INGREDIENTS:

**RASPBERRY TWIST:** wheat flour, cane sugar, glucose syrup, water, humectant (E422), rice bran oil, flavour, acidity regulators (E330 & E296), salt, **liquorice extract**, colour (E129)

**CENTRE FILLING:** cane sugar, palm kernel oil, **whhey powder**, **skimmed milk powder**, cocoa powder, emulsifiers (**soy lecithin** & E476), vanillin (vanilla flavouring)  
4% cocoa solids, **23% milk solids**

**Contains: Gluten, Liquorice Extract, Soy, Dairy Products**



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil