

RJ's Licorice Choc Twist 280g

NUTRITION INFORMATION					
Servings per Package: Approx. 7					
Serving size: 6 pieces (40g)					
	Ave Quantity per Serving		% Daily Intake* (per Serving)	Ave Quantity per 100g	
Energy	640	kJ	7%	1600	kJ
	153	Kcal		382	Kcal
Protein	1.5	g	3%	3.8	g
Carbohydrate	28.5	g	9%	71.3	g
- sugars	20	g	22%	49.5	g
Fat, total	3.3	g	5%	8.3	g
- saturated	3	g	13%	7.4	g
Dietary Fibre	Less than 1	g	2%	1.5	g
Sodium	0.044	g		0.11	g
	44	mg	2%	110	mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ Your daily intakes may be higher or lower depending on your energy needs.

Get to know your %DIs EACH SERVING CONTAINS...

% DAILY INTAKE (%DI) PER SERVE						
ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
640kJ	1.5g	3.3g	3g	28.5g	20g	44mg
7%	3%	5%	13%	9%	22%	2%

..... OF YOUR PERCENT DAILY INTAKE (%DI), To be enjoyed as part of a healthy lifestyle

INGREDIENTS:

LICORICE TWIST: wheat flour, cane sugar, molasses, glucose syrup (wheat/corn), water, licorice extract, treacle, humectant (E422), rice bran oil, salt, flavour (aniseed oil)

CENTRE FILLING: cane sugar, vegetable fat (palm kernel oil, coconut oil), whey powder, skimmed milk powder, cocoa powder, emulsifiers (soy lecithin & E476), vanillin (vanilla flavouring)
4% cocoa solids, 24% milk solids

Contains: Gluten, Licorice Extract, Soy, Dairy Products



RJ's uses GMO free ingredients and sustainably sourced Palm Kernel oil